Grade 3: Important Vocabulary

Yumi	Japanese bow used for Yabusame. A very long asymmetrical recurve bow often made from bamboo, fiberglass, laminate or composite materials.
Ya	Arrows
Umayumi Yabusame	Shooting arrows in succession from a horse
Ou	Signaling the horse to move forward
Tomeru	Signaling the horse to halt/stop
Hokotenkan	Signaling the horse to turn/change direction
Shakuri Tazuna(Shakuru/Aoru)	The Japanese riding technique where the rider uses rein aids to cue the horse to move forward.
Tachisukashi	The posture of the body used for shooting while riding in Yabusame. The upper torso is inclined forward, the hips are set back above the seat and near the cantle, and the lower legs are forward around the horse's shoulders.
Kisha	The technique of shooting arrows from horseback
Kata	The basic pattern of movements used to bring out the maximum penetration force of the bow.
Shomen Uchiokoshi	The whole process of shooting a single arrow
Tsugae	Nock an arrow
Kamae	Prepare, draw slightly and adjust drip
Uchiokoshi	Raise bow
Daisan	Begin drawing by pushing out the left hand
Kai	Reach full draw, fully open
Hanare (Hao)	Release
Mungai	The martingale, or set of straps the connect to the saddle around the horse’s chest.
Omogai	The bridle, the leather or cloth pieces around a horse’s face that connect to the bit in the mouth.
Shirigai	The “crupper”, or set of straps that connect to the back of the saddle and loop under the horse’s tail.

Abumi/Waabumi/Shitanagaabumi	The “stirrups”, or part of the saddle where the rider’s foot rests while riding.
Sangai	The Mungai (martingale), Omogai (bridle), and Shirigai (crupper), used to keep the Wagura(saddle) and other tack secure on the horse.
Shizuwa	The “Cantle”, or raised part at the back of the saddle seat of a Wagura (Yabusame saddle)
Shoudounoshishi	The shoulder of the horse.
Maewa	The “pommel”, or raised part on the front of a Wagura Yabusame saddle.
Yatori	Retrieving arrows